

# THREADS



Rotarian Fellowship of  
Quilter and Fiber Artists

## The fellowship

The Rotarian Fellowship of Quilters and Fiber Artists is a group dedicated to promoting quilting and fiber arts as an opportunity for fellowship and service. This fellowship operates in accordance with Rotary International policy, but is not an agency of, or controlled by Rotary International.

This fellowship is an avenue of providing help to those in need, such as: tactile quilts for the blind, warm quilts for children who are in the care of social services because of neglect or abuse, and quilts or fabric toys to comfort children in countries that have experienced war, famine or other disasters. Over the years the Fellowship has raised about 130.000\$ for the End Polio Now campaign, since 2005.

The Newsletter is published quarterly and includes images, articles and news from and about members work.

We encourage members to send articles, ideas and photos to the editors. It would be great to get the stories behind the work - why this work? Who is it for? What prompted the idea of the work?

Please include full name, RC, city , state (If appropriate for large countries like USA, Canada, Australia) and country. I you like, you can also include the District number.

Thank you in advance.

Marilyn and Vigdis

Editors: Lynn Raymer [liraymer@hotmail.com](mailto:liraymer@hotmail.com) and Vigdis Stefansdottir, [viggastefans@gmail.com](mailto:viggastefans@gmail.com)

Fellowship mailing address: RFQAFA PO Box 1208 Madera CA 93639

Fellowship Board: Cheryl Minshew, Chairman (619) 445-2026  
[cminshew43@gmail.com](mailto:cminshew43@gmail.com)

Vice-Chairman: Helena Daniels, Secretary: Diana Barden, Treasurer: Marty Wyatt

## Editors Note

*Marilyn (Lynn) Raymer, Editor, Communications Director, Rotary Club of SW Pacific County Peninsula, Ocean Park Washington State USA*

Spring has sprung here in the Northern Hemisphere and with it come flowers. I recently attended a tea at one of our local museums with a daffodil theme and found these lovely small, quilted hangings. Our plans for Calgary continue to evolve. We received notice that our Booth number will be 802. It will not be an end booth this year as we have had the last few years, which is both good and bad. It means we have three walls to display items instead of two but does not give us the longer distance views of our colorful displays.

We have received one volunteer to take on a leadership role but continue to seek other members as well. Please consider this. It is not hugely time-consuming and is a wonderful opportunity to get to know more members better. Support is available.

We have gotten clarification regarding the use of Rotary fabric with our items for the booth. "As long as the logos are compliant with current brand guidelines outlined on the website here: <https://brandcenter.rotary.org/en-us>, the quilts can have Rotary Logos on them. I've got our past email thread here for reference."

Also, the logos from older shirts must clearly be noted as historical reference/not current.

Donna Nicoll has gone to a lot of work to check out the shops in the Calgary area and has arranged for discounts and a few tours to be available to anyone who is interested. We will have a few copies of the information at the booth, but a link will be added to this newsletter as well.

The large image is one I did, no sewing, just cut and tie two pieces of fleece together. It has just bugs on the other side.





## Lumbar pillows

*Jane Ipsen, President, Rotary Club of Lake Geneva Wisconsin USA*



I found this fabric online with the polio plus colors, and such - so I made 6 lumbar pillows from the fabric and auctioned them off at a polio plus fundraiser our club held this past weekend.

We raised \$250 with those pillows thanks to the generosity of our members.



## Africa quilt

*Brenda Cressey Ogunquit ME  
Rotary Club Wells Maine USA*

Unfortunately, it looks like I cannot attend the convention this year. I'm making arrangements to have someone in my District bring several items for me. Quilts, bowl cozies, mug rugs and pillowcases. One big item is the Africa quilt. It is still in process. I'm hoping it will bring in a good amount for the End Polio Campaign.



## Repairing old quilts

*Sylvie Gosselin, Westbury Qc Canada, Rotary Club of Sherbrooke*

I'm repairing a quilt from the 60s and 70s. Found at a flea market.

And I am working on a beautiful quilt (birds) that will be given to someone important to our family.



Thank you all for your  
contribution to the newsletter.  
It is so nice to see what you are doing!



## Projects for Calgary

### *Victoria Meadows, Shelton Rotary, Washington USA*

3 projects I am working on for the Convention. The Seafoam Green scarf is made from Fonte Merinos, 100% wool from France. The purple Feather and Fans, pattern by Rae Blackledge, is 100% Baby Alpaca by Mirasol in Peru. The quilt, in progress is by me. To introduce myself, I am Victoria (Vickie) Meadows. I have been a member of Rotary since 1987 when I first joined Shelton Skookum Rotary. Approximately 1995, I transferred to Shelton Rotary. Both Clubs are active in Shelton, Washington, USA. I joined this Fellowship as a life member in 2018, at the RI Convention in Toronto, but have not been an active participant and have not been to any Convention since. I took up quilting in 2018, in preparation for my retirement.

I am registered for Calgary





## Chairman's note

*Cheryl Minsbef, Fellowship Chairman, Alpine California USA, The Rotary Club of Spring Valley*

Greetings ALL!

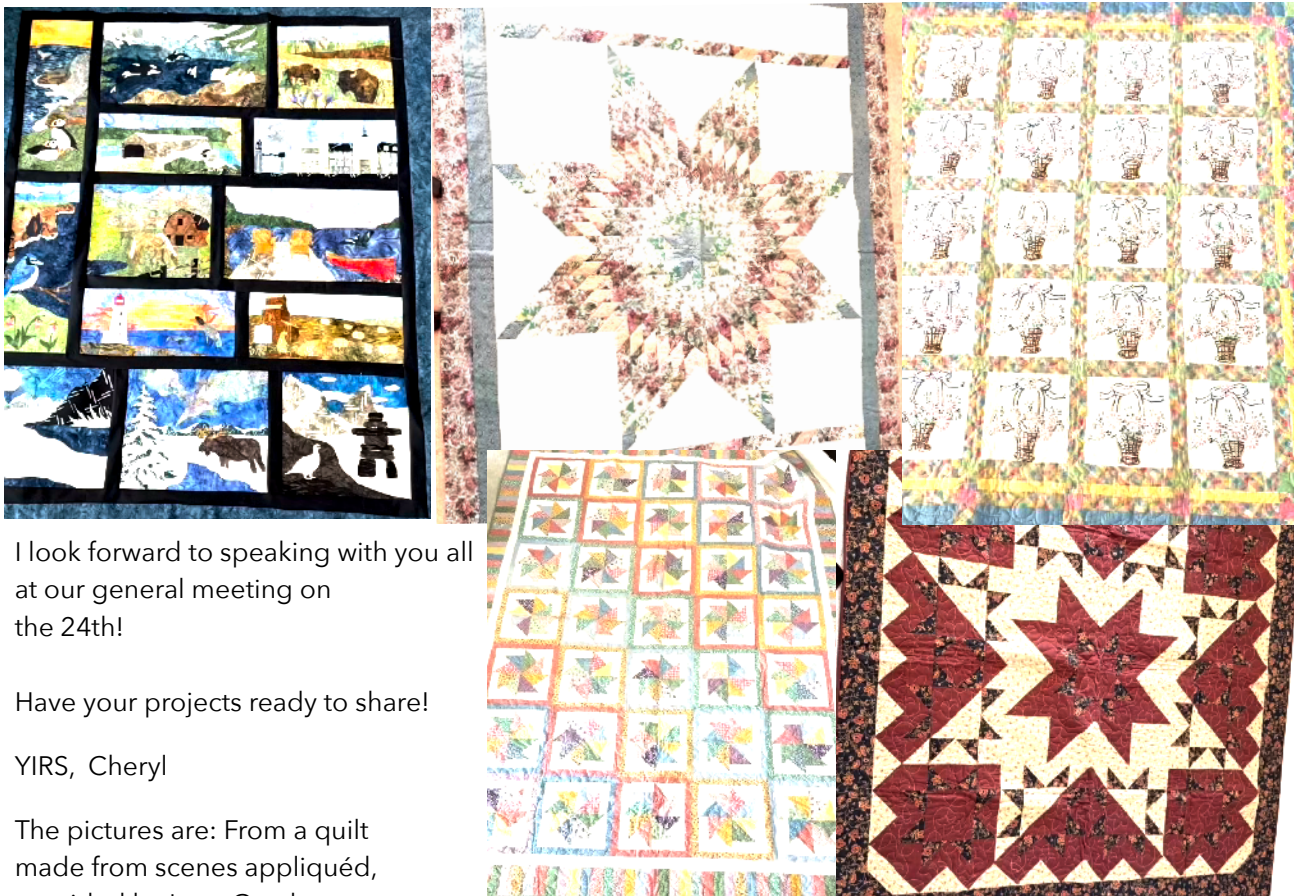
The Rotary Convention is almost here and, ready or not, here we go!! We'll be talking with you all at the General Meeting on May 24th but there are a few things that you should know - such as where to mail donations for the booth. Donna Nicole has offered to bring donations to the convention for us Her address is:

Mrs. Donna Nicol  
52 Homestead Crescent NW,  
Edmonton, Alberta T5A2Y3  
Canada

Donna's phone number is 1-780-493-1737. Remember, also, to mail allowing the post office time to get it to her before she leaves home. Donna is planning to arrive in Calgary on June 19th.

The Board is planning to have a gathering during the convention. Can you let us know when to plan on arriving in Calgary so we'll know how to schedule that. Another exciting opportunity, thank you to Donna, is the possibility to shop at the local quilt and yarn shops near the convention! We'll have information for you at the booth. Please let us know if you are having friends deliver donations to the booth for you so we know to expect them.

The board is also very excited to announce that we have three members who have volunteered to serve as future officers! More on that at our meeting at the convention!



I look forward to speaking with you all at our general meeting on the 24th!

Have your projects ready to share!

YIRS, Cheryl

The pictures are: From a quilt made from scenes appliquéd, provided by Lucy Gamber, Canadian member. The all embroidered quilt, from the 1930's.



## Bindifestivalen in the Faroe Islands

*Vigdís Stefánsdóttir, Rotary Reykjavík Grafarvogur, Iceland*

The Faroe Islands are Iceland's little sister. We love them dearly and really love to visit.

To visit the islands is like stepping back in time. You find sheep and chicken everywhere, lots of knitting shops, very friendly people who can actually understand most of what you say in Icelandic:) and most speak English as well.



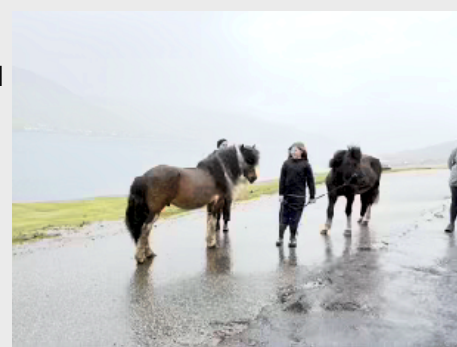
Every year there is a knitting festival in Fuglafjørður - a small fjord with 1600 inhabitants. They offer lots of seminars, knitting cafes, lovely food, knitting and walking while listening to the history of Fuglafjørður and also peace and quiet. I went there with a group of 33 women, all loving yarn and knitting. Stranded knitting is the Faroese way of knitting. The seaman's sweaters were always patterned and therefore mostly double, from strong wool. Patterns vary but the yarn is only in natural colours, black, grey, brown and white. I decided to have to classes only in Vattarsaumur (naalbinding) as this is something I "need" to brush up on.



The Faroese are a friendly people and we were invited into two homes where the families had put their lovely china to the tables and either cooked or made cakes for us. Imagine a world where over 30 people can come to your home, you just put the dishes, cups and cutlery on all available tables and then feed them! All with homemade/homebaked goods. local cheese and lovely coffee or tea. Of course all tap water is drinkable and very good.



The Faroese horses did almost die out and there were only a handful left. They are related to the Norwegian and Icelandic horses but have developed a bit differently over the last 1000 years. They are smaller than both the others. We got to visit some of the remaining 84 horses on a farm where wool is also produced in



the old ways of doing so. Imagine to have this to look at whenever you look out of your liv



And why would you put the goods in over the weekend even if the shop is closed? Just keep them outside (a flower shop in Thorshavn on a Sunday afternoon).



I highly recommend visiting the Faroe Islands. Just be aware of the opening times of shops (closed on Sunday, close early the other days - time with friends and family comes first for the Faroese people.



## Quilt and knitting shops in Calgary

*Donna Nicoll*

**Here's How It Works:** On Tuesday, June 24<sup>th</sup> at 1 pm Fellowship members will meet at our booth in the BMO Centre. Those wanting to visit stores 1 and 5 will take an Uber or taxi and go. You will split the cost. Those wanting to go to store 3 will take an Uber or taxi and split the cost. And so on.

**NOTE:** \*Distance is the driving distance between the BMO Centre and the store.

I made a road trip to Calgary to visit stores to get information that was not on the website, so that you will have a better understanding of what each store sells. My intention was to give accurate information and highlights about each store so that you can have the best possible shopping experience.

### Store #1 - Along Came Quilting

6432 - 1A Street SW, Calgary 1 403-253-4419  
[www.alongcamequilting.com](http://www.alongcamequilting.com) e: askus@alongcamequilting.com

Size: 8500 bolts

Hours: Mon - Fri 10 am - 5 pm

Sat & Sun 10 am - 4 pm

Specialize in quilting, sewing, cross stitch, handwork fabric and notions/products:

- Batiks
- Indigenous prints
- Art gallery and free spirit fabrics
- Shot solid cottons
- Threads: Glide polyester, YLI Silk, King Tut, Aurifil, Robison-Anton
- Quilt kits
- Kaffe Fassett, Laundry Basket, Sashiko, Tula Pink, wide backing, Cherrywood, wide Cuddle and Fireside (better quality than Minke), hand-dyed, ombre and pre-cut fabrics.
- Bag-making supplies
- Knits
- Canvas
- Flannels
- Featherweight supplies, feet, bobbins, instruction manuals
- Acorn glue and starch
- English Paper Piecing supplies

**Discount:** Because their prices are below suggested retail, they do not give a discount, but they will give a gift bag to group members but must know ahead of time how many are coming. (This also helps with staffing requirements.) If you want to go to this store on the 24<sup>th</sup> please let me know by May 23<sup>rd</sup> so they can prepare the bags. ([donna.nicoll@telus.net](mailto:donna.nicoll@telus.net)) This offer is good only on June 24<sup>th</sup>.\*

Driving distance: 6.8 km. Very close to the Chinook Shopping Mall.

### Store #2 - Out Of Hand Quilting

6449 Crowchild Trail SW, Calgary (in Lakeview Plaza) 1 403-217-4871  
[www.outofhandquilting.com](http://www.outofhandquilting.com)

Size: 4000 - 5000 bolts

Hours: Mon - Fri 10 am - 5:30 pm

Sat 10 am - 5 pm

Specialize in quilting supplies, wool applique, hand embroidery supplies.

- They have been in business for 35 years. The current owner bought the store four years ago. The previous owner did not sell items on clearance, she kept them, so if you are looking for a vintage / out of production fabric, they may have it.
- Liberty of London, Tilda, Tula Pink, Jen Kingwell, Laundry Basket, Kaffe Fassett fabrics
- Buttons
- Some garment fabrics
- Bear-making supplies
- Featherweight

**Discount:** 15% with credentials. Let me know by May 23<sup>rd</sup> at [donna.nicoll@telus.net](mailto:donna.nicoll@telus.net). This offer is good only on June 24<sup>th</sup>.

\*Driving Distance: 6.79 km



### Store # 3 - My Sewing Room

8228 Macleod Trail SE (in Heritage Hill) 1 403-252-3711  
[www.mysewingroom.ca](http://www.mysewingroom.ca) e: [rotary.anne@mysewingroom.ca](mailto:rotary.anne@mysewingroom.ca)

Size: over 10,000 bolts

Hours: Mon – Sat 10 am – 6 pm

Sun 11 am – 4 pm

Specialize in quilting and supplies, machine embroidery and Brother and Bernina sewing machines.

- Kits made in house and imported
- Fabric lines are always changing
- Patterns and oesd downloads
- Buttons and more buttons

Also carry fashion products, many kits of all kinds and supplies for handbags, totes and clutches.

**Discount:** 15% with credentials. Let me know by May 23<sup>rd</sup> if you are attending donna.nicoll@telus.net This offer is good only on June 24<sup>th</sup>.

\*Driving Distance: 10.14 km

### Store #4 RICK RACK Textiles

4704 Manhattan Road SE, Calgary 1 403-263-8088  
[www.rickracktextiles.com](http://www.rickracktextiles.com) e: [hello@rickracktextiles.com](mailto:hello@rickracktextiles.com)

Size: 2400 bolts

Hours: Mon 12 pm – 5 pm

Tue – Sun 10 am – 5 pm

Specialize in garment-focused fabric and supplies.

- Liberty of London cottons
- Linens
- Wool coating
- Active wear fabrics
- Independent designers' patterns for clothing
- a small selection of quilting fabrics
- waxed canvas

**Discount:** 10% on regular priced fabric with credentials from June 21<sup>st</sup> – 25<sup>th</sup>. Excluded are supplementary fabric (muslin, interfacing, ticking, etc.), Fab Basics, and remnants.

\*Driving Distance: 4.79 km

### Store #5 Fabric Depot

3500 – 27 Street NE, Calgary 1 403-250-1900  
[www.fabricdepot.ca](http://www.fabricdepot.ca)

Size: 8,000 Sq Ft It's a maze of delights!

Hours: Mon - Fri 10 am – 5:30 pm

Sat 10 am – 5 pm

Specialize in fashion and home décor fabric.

- Upholstery fabric, foam, vinyl, trims
- Canvas
- Drapery fabric
- Buttons
- Embellishments for costumes and wedding apparel

**Discount:** prices are already wholesale but will give a 10% discount with RI convention credentials anytime during the week of the Convention

\*Driving distance: 10.35 km

### Store #6 STASH Needle Art Lounge

1237 – 9 Ave SE, Calgary (in Inglewood area) 1 403-457-0766  
[www.stashlounge.com](http://www.stashlounge.com) e: [questions@stashlounge.com](mailto:questions@stashlounge.com)

Size: one of the largest yarn stores in North America and the largest in western Canada

Hours: Mon – Fri 11 am – 6 pm

Sat & Sun 10 am – 5 pm



Specialize in yarns and supplies for knitting and crocheting

- Canadian yarns
- Kits from local yarn dyers and spinners
- Hand-dyed yarns
- Work horse yarns

Also carry spinning, weaving, cross stitch, hand embroidery with some macrame and felting materials

- Beautiful hand embroidery kits of local and mountain scenes

**Discount:** 10% with credentials during the Convention week

\*Driving Distance: 2.1 km

Inglewood is an historic area as it was the first main street in Calgary. As well as the STASH store there are shops of all kinds (Persian rugs, gifts and fashion) and many restaurants. It is delightful area to wander and enjoy.

### Store #7 Gina Brown's

107, 5718 - 1A Street SW, Calgary (in Summit Park) 1 403-255-2200

www.ginabrowns.com e: [ginabrowns@hotmail.com](mailto:ginabrowns@hotmail.com)

Size: one of the oldest and largest yarn stores in western Canada. Established in 1970, it is still a family-owned business.

Hours: Tue - Sat 10 am - 4 pm

Specialize in knitting and crocheting yarns and supplies

- Wide range of every variety of fibre / weights / natural and synthetic with over 450 different yarns
- Big clearance section
- Many printed patterns and books (They are a bit old school and like paper printed patterns.)

**Discount:** 10% on regular priced yarn with credentials

\*Driving Distance: 4.4 km

### Store #8 Ancient Arts Yarns + Dye Studio

607 Manitou Road SE, Calgary 1 403-454-5663

[www.ancientartsfibre.com](http://www.ancientartsfibre.com) e:

Size: 17,000 skeins and 450 yarn collections. Have shipped to all 7 continents including Antarctica. Also, they are a supplier for many local stores.

Hours: Mon & Tue 10 am - 4 pm

Wed 10 am - 8 pm

Thu - Sat 10 am - 4 pm

Closed Sundays and Holidays

Specialize in yarns and notions.

- Hand-dyed yarns
- Products made exclusively for the store
- Custom designed
- Very best quality fibres
- Eco-friendly fibres
- Heritage fibres
- Made in Alberta yarns
- will dye yarn to order using store colour ways
- yarns made in Italy, United Kingdom and South Africa

**Discount:** 15% with credentials. You will get a tour of the operation and how yarn dying is done plus interesting stories of recapturing yarn fibres that might otherwise be considered garbage. Please let me know if you would like to visit this unique store by May 23rd [donna.nicoll@telus.net](mailto:donna.nicoll@telus.net). This offer is good only on June 24th.

\*Driving Distance: 4.94 km

### Store #9 Iron Crow Antiques & Objects of Intrigue

5746 Burleigh Cres SE, Calgary 1 403-287-8770

www.ironcrow.ca e: [team@ironcrow.ca](mailto:team@ironcrow.ca)

Size: a warehouse full of merchandise

Hours: Daily 9:30 am - 5:30 pm

They carry antique quilts, blankets, embroidered and sewn items, featherweight machines and many intriguing things. It is a wonderful store to wander and remember times gone by. While they sell retail much of their business is items for set decoration for movies made in the Calgary area, restaurant and office décor.

**Discount:** 10% with credentials anytime during the convention week

\*Distance: 7.12 km

Other stores that I have **not** visited so I suggest calling before visiting.

Yarn Twisters

122 Mahogany Plaza SE, Calgary

1 403-620-1462

[www.yarntwisters.ca](http://www.yarntwisters.ca)

### **Little Bow Fibre Company**

1928 - 34 Ave SW, Calgary (in Shops at Avenue Thirty Four)

1 403-222-0499

[littlebowfibrecompany.com](http://littlebowfibrecompany.com)

Hours: Mon & Tue Closed

Wed - Sat 10 am - 5 pm

Sun 11 am - 5 pm

IN **CANMORE:** Canmore is about a one-hour drive from Calgary (105.78 km) on the Trans Canada Hwy. So, if you are on your way to Banff, you might consider stopping in Canmore. It is a lovely mountain town with many shops and restaurants and without the hustle and bustle of the town of Banff.

### **The Sugar Pine Company**

737 Tenth Street at 7<sup>th</sup> Avenue, Canmore

1 403-678-9603

[www.thesugarpine.com](http://www.thesugarpine.com)

e: [info@thesugarpine.com](mailto:info@thesugarpine.com)

Size: over 7,000 bolts

Hours: Mon - Sat 10 am - 6 pm

Sun & Holidays 12 noon - 6 pm

This is an award-winning shop and well worth a visit. Specialize in quilting fabric and kits as well as notions / products. Also carry knitting yarns, buttons, gifts and souvenirs.