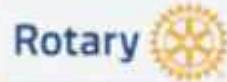


# THREADS



Rotarian Fellowship of  
Quilter and Fiber Artists

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## The fellowship

The Rotarian Fellowship of Quilters and Fiber Artists is a group dedicated to promoting quilting and fiber arts as an opportunity for fellowship and service. This fellowship operates in accordance with Rotary International policy, but is not an agency of, or controlled by Rotary International.

This fellowship is an avenue of providing help to those in need, such as: tactile quilts for the blind, warm quilts for children who are in the care of social services because of neglect or abuse, and quilts or fabric toys to comfort children in countries that have experienced war, famine or other disasters.

## The Newsletter

The Newsletter is published quarterly and includes images, articles and news from and about member's work.

We encourage members to send articles, ideas and photos to the editors.

Please include full name, RC, city, state (if appropriate for large countries like USA, Canada, Australia) and country. If you like, you can also include the District number.

Thank you in advance.

Marilyn and Vigdis

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Vice-Chairman: Helena Daniels, Secretary: Diana Barden, Treasurer: Marty Wyatt



### Editor's note

*Marilyn (Lynn) Raymer, Editor, Communications Director, Rotary Club of SW Pacific County Peninsula, Ocean Park Washington State USA*



Life is interesting sometimes. I live in a rural area with lots of wildlife and enjoy it most of the time; recently we have had too many close encounters, not of the good kind. The first was a neighbor who had a deer that had been shot twice with arrows and living but severely injured come into their property. Then someone hit a deer that died in our driveway. Finally, a few days ago I hit a deer while driving home. It has inspired me to look for a pattern for a deer and reminded me of some that we have in our home. My father-in-law hooked

rugs and one we still have is a small wall hanging of a deer. My mother-in-law was a prolific needleworker and did a lovely Afghan with wildlife that we have on our bed. So this is my small tribute to the recent loss of deer in our neighborhood.

A heartfelt thank you to all who contributed to this issue. The variety of items and hearing from some of our newer members has added much to the interest and beauty of our newsletter. If you have not contributed, or it has been a while, please consider doing so for the Spring issue.

As we head into the holidays and plan for this coming year, it is once again important to recognize that we are looking forward to new leadership soon. I will be attaching copies of the job descriptions, some of them roughed out with lots of room for the new occupants to help shape the positions. My experience being on the board has been wonderful. It has not taken up a large amount of time but has resulted in some very good friendships. I hope that you will consider the positions and volunteer. I know that several have expressed interest in one or two of the roles.

Please contact Cheryl or Diana.





## Hardanger projects

*Beth Woolley, Rotary E-Club of Brindabella, New South Wales, D 9705, Australia*

I belong to a group of about 16 women, the youngest being 59 and the oldest being 89. We meet in a private home each week for about 3 hours and include morning tea and yummy food which is prepared by members on a roster basis. We always have a great time talking with each other and sharing our joys and sorrows too. Sometimes there is a lot more talking than stitching and that is also good for the soul. A wide range of stitching is achieved such as embroidery of all sorts, knitting, quilting, rug making and anything that a member wants to bring to work on.

Whilst it is not a "Rotary" group, there is a lot of community work done and achieved by individual members in there community.

The first image is the Quilt that was donated to the stand at the Melbourne Convention.

Photo 2 is my most recent Hardanger project, for my grand daughter. I really like to do hardanger and whilst not a prolific needle worker, I usually achieve at least one major project each year. This one will be framed, as soon as I can get my grand daughter to come to the framers with me and choose the mat colours.

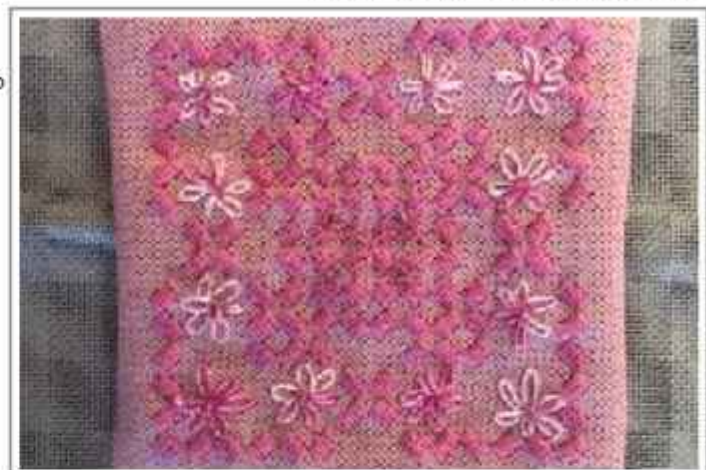
Photo 3 is a hardanger pin cushion (pink).

Photo 4 is a bookmark that I have done recently, so that I had something to do at my stitching group.

Thank you for all the work you put into the Fellowship.



A quilt donated to the Convention



A hardanger pin cushion



My most recent Hardanger project



A bookmark



## A new hobby

*Layna Kinsman, Columbia Center Rotary, Kinnecwick, Washington, USA (District 5080)*

I moved to Tri-Cities in late 2020 from Fairfield, CA during the COVID shutdown. Not the best time to connect with others! Yet, I have family here, which led to my decision to move.

I retired at the end of 2005 and my (late) husband bought me a sewing machine and signed me up for a beginning quilt class. (I had NO background with anything associated with sewing!)

But, a new hobby was born. My best friend was already a quilter and with her encouragement, plus a quilt guild and classes, I developed a passion I'd never imagined. 16 years later, I mostly enjoy making up my own quilt designs; though traditional and 'simpler' patterns are go-to's for donation and community service quilts. Everyone in my family now has at least 2-3 quilts so I have many opportunities to donate new quilts for good causes.



The photo I'm sending was a quilt I made just a few years after I began quilting. When I showed it to a woman, she wanted to buy it right away. I had no idea what to ask for it! However, the price I presented was not an issue and she acquired a quilt I know she loved.

Right now, I'm finishing a winter quilt for myself, starting one for my nephew's family, and waiting for long arm work to be completed on another quilt to be donated before Christmas. And I plan some simple projects for an arts/crafts exhibit & sale at my church coming in November.

I enjoy meeting other quilters and set up a dedicated quilt space in my 3 car garage where new and experienced quilters and fiber artists come and work on projects once or twice a month. It is so enjoyable and a great way to get to know more people in my new home in WA!

## Needle cases

*Sally Wall Fairhope Noon Rotary Club Fairhope Alabama USA*

I am making these needle cases for the convention booth. I didn't have a pattern or instructions; I just love the one I bought last year. The needles go on the white petticoat. Easy things to carry everywhere to work on.





## Quilts for Ukraine

*Layna Kinsman, Columbia Center Rotary,  
Kinnewick, Washington, USA (District 5080)*

Here are 3 quilts I made that were sent to a family who lived in Ukraine. A fellow Rotarian had worked with a translator there for several years and kept in touch with the family.



Once the war began, the translator and his sister went into the army. To date, they have not been heard from.

The two children's quilts were gifted to the children and the blue/gold quilt to the grandparents. All three quilts were labeled "Love from America" and hopefully brought them some comfort once received. Just having the quilts get to this family was a challenge in the midst of a war and their necessary move to safety. The children and grandparents relocated to Poland several months ago.



## The North Sea

*Hiltburg Wussow, Hanau Maintal Rotary Club, Hanau Germa*

I stayed on the North Sea, and I am sending you a few photos from that nice time. I tried to paint the North Sea. The picture is not finished yet, the mussels are missing.





## Days for girls project

*Vicki Walter, Fair Oaks, California, USA. Inner Wheel member.*

25 people, 10 clubs, 147 complete kits packed!

Sponsored by the Rotary Clubs of Fair Oaks, Laguna Sunrise and Natomas, we had four-plus sew-a-thons (organized by Jeannine Sparks, Rotary Club of Laguna Sunrise) to put together 147 beautiful, reusable menstrual kits for girls in Africa, which will enable them to go to school regularly and break the cycle of poverty.



Celeste is in the red jacket.



Checkers checking bags to make sure nothing is missing.

We had our final assembly and packing event on Saturday, October 7th at the Maidu Community Center, in Roseville. This was the final step before delivering the kits to the girls of Cristo Rey school in Gorongosa National Park, Mozambique in February 2024.



All those liners and shields ready to be packed!





Finishing up sewing shields at my house.

As an added bonus, Celeste Mergens, the founder of Days for Girls was holding a book signing for her book, The Power of Days, also at the Maidu Center. She popped in briefly to talk to us about what this project means to her and all the girls that benefit from it and also extend her thanks and gratitude for all our efforts. She is also a Rotarian!



Prepping the drawstring bags for sewing.



Prepping liners and drawstrings for the bags to hold everything.



Serging over 1,200 liners!



Finished kits with a picture of the girls that will benefit from our efforts.

We had a great turnout and everyone had a good time!





## Quilts for friends

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### *Nele De Keyser. RC of Bilzen Alden, Biesen, Bilzen Linburg, Belgium*

I am indeed a quilter... but during vacation I did some knitting as well. I never followed any official course for quilting, but I learned a great deal from instruction movies on the internet and from trying out en failing and then trying out again. I am quilting on a machine, I've never quilted by hand.

Two months ago I bought an embroidery machine, so now I'm adding embroidery to my projects.

I added some pictures to this email. They're all pictures from rather large quilts (1 meter on 2 meter) that I made for friends or for myself. The one with green in it is a memory quilt I made with old fabric from my grandmother.



*Thank you*

**For your contribution!**



## Small squares

*Kelly Mundell, Ripon Rotary Club, Ripon, Wisconsin, USA. Dist. 6270 RYE,*

Hello, here are some photos for the newsletter. The first one is from a quilt that I'm making that has mini 6 inch blocks that are placed in a larger block that has a barn and silo. I was inspired by some 2 inch by 2 inch squares that I inherited from my grandmother. I needed some small projects to use up the squares and making the various mini blocks is helping me learn new patterns.

The other photo is from a steering wheel cover I knitted because we already have snow today (October 31) in Wisconsin!



## Lazy day in Maine

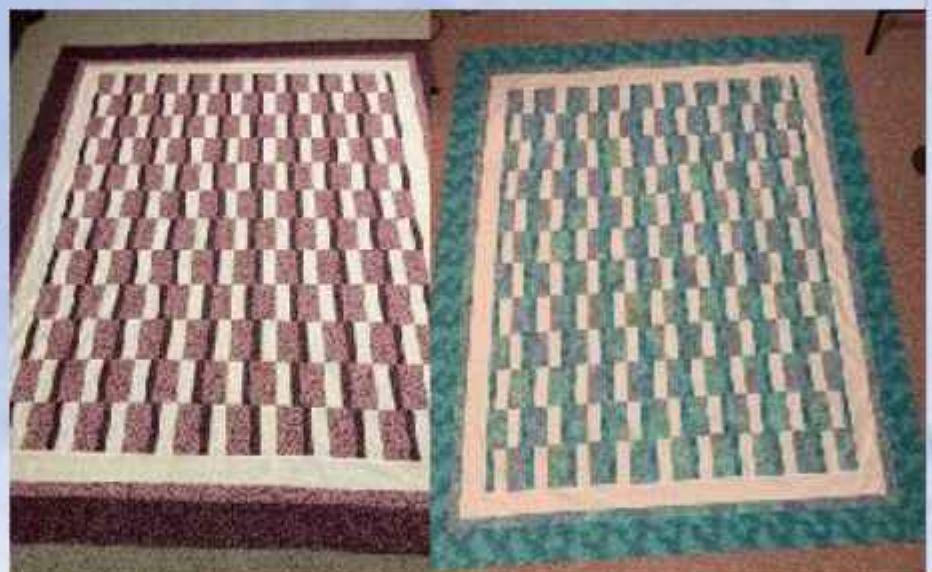
*Brenda Cressey, RC of Ogunquit, Wells, Maine, USA*

Here's a weekend challenge!

What to do on a lazy day in Maine with your sister? We made a challenge quilt using my fabric stash and the same pattern.

Meet "Simply Strips" pattern by Donna Robertson from Fabric Cafe and beautiful fabrics from Missouri Star Quilt Co.

Sister, Sharon Worthley Sinclair, used burgundy and pinks and I used turquoise and greens.





## Fiber arts and charity

*Maureen Liviniuk, RC of Edmonton Mayfield in  
Edmonton Alberta Canada*



This quilt pattern is called "Around the World", which I thought was fitting for the work we do as Rotarians. The centre features the Rotary theme for 2022-23, 'Imagine Rotary'. The quilt is 53x70 and backed in printed map fabric.



This quilt follows a pinwheel pattern which symbolizes us as of People of Action. The quilt is 56x70 and backed in Yellow Fireside for a cozy, comfy throw.



A rewarding part of Rotary is the fellowship and the friendships you make. This Potluck Pal will scream Rotary pride when you arrive with your hot dish. The holder is approx. 10x15 and includes a covered



Be brave like Ukraine

I purchased the Rotary fabric at the Houston Convention and was inspired to create this quilt after hearing Dr Olha Paliychuk, a Gynecologist, Oncologist and Professor from Ukraine. The quilt is 55x85 and backed in Royal Blue Fireside for a cozy, comfy throw.



Go Oilers Go 32x32 and Flying Geese 34x34

These little pieces were my way of using up scraps. They would be good for wall hangings, changing pads in the baby's room, or as a small cover for your feet or legs when you lounge on your Lazy Boy.



Greetings fellow Rotarians. Throughout my life I have been a student of various forms of fiber arts, starting with embroidery, huck-weaving and rug hooking and for the past 30+ years, many types of quilting. I like my projects to be well used and loved so lean towards simpler patterns which the recipient will not be afraid to use because it is fragile or precious. Over the years I have gifted over 60 quilts to family and friends. At our recent District Conference (5370), the quilters in the district held a fundraiser to raise funds for the Rotary Foundation. Attached is my contribution to the sale, which raised almost \$2,000. Most recently I have been volunteering with Days For Girls, sewing reusable menstrual pads. I joined this group because I'm running out of family and friends to give my projects to and I want to get ideas and give back by doing something I enjoy. I couldn't find a picture of me behind my sewing machine but I have included a picture of me and my husband Myron at the Australia International Convention where I signed up for my membership.





## The 3.31 quilt

*Candace Boone, Rotary Club of Fredericton Sunrise, Waterville Sunbury, New Brunswick Canada*

This was the Canadian quilters association mystery quilt for 2023. It was designed by John MacPhail at Art East Quilting Co.

The quilt was called \$3.31. I'm not much for mystery quilts but the name had me intrigued. The blocks came out and it's Canadian change!

Block one: the beaver - \$.05

Block two: The polar bear - \$2.00

Block three: The caribou - \$.25

Block four: The loon \$1.00

Block five : The maple leaf \$.01

It was a lot of fun to put together. Now it has a home with one of my girlfriends in Whistler.



## Reaching out

*Lynn Gray, Comox, British Columbia, Past President, Rotary Club of Courtena,*

I've been a very inactive member of this group for years, met you all in Toronto and became a lifetime member then.

I live in Comox, British Columbia and have been a Rotarian for 21 years, past President and on the Board of Directors in two clubs for 18 years.

I DO have some more time available as I did not write a grant for Haiti this year - (first year in 21 years but it felt good to take a break). More time for sewing and quilting, I hope this coming winter.

I actually completed a walking pilgrimage in Scotland the month of June this year and it felt so good to get back travelling. As a Canadian our government's border rules were so tight, it was a challenge to even get back into our own country until last summer 2022. I really hope to make it to the Convention in Calgary. At least the accommodation will be in Canadian dollars. We just find exchange rates prohibitive for the past 4 years or so. It has to change at some point.

I will need to check the dates of the Calgary conference as I'm trying to fit in a trip to France for my 70th. I know the conference is June 21 - 25 so I would hope to be back in Canada by that date.





## Avid knitter

### *Susan O'Neal Rotary Club of Washington DC, USA*

Thank you for your response. I am very excited to be a part of the Rotarian Fellowship of Quilters and Fiber Arts.

I am an avid knitter (attached is one of my skirts). I am also a women entrepreneur in San Miguel de Allende, Mexico (originally from Aspen, CO). Conde Nast has selected San Miguel de Allende in the center of Mexico as the # 1 "best small city in the world", so why not come on down and see what all the excitement is about?

I own and operate a wonderful Bed & Breakfast in San Miguel de Allende with 5 guest rooms and a heated pool. I have a beautiful private property with a luxurious heated pool and a meditation garden with fountain.

I am 24 year member of Rotary Club of Washington, DC and a proud Rotarian.

The Oasis in San Miguel would be a wonderful site for a knitting retreat.

Please check out the web site and let me know if you have any questions.







## Breast cancer awareness

*Margie Kersey Rotary Club of Stone Mountain Lawrenceville Georgia USA*

Here is a photo and blurb for what I have been working on: Breast Cancer Pillows! These are the pillows I have made so far this year. I am also including directions so anyone else who would like to make them, can. 😊

"October is Breast Cancer Awareness month. Every year almost a quarter of a million women are diagnosed with breast cancer. Over 40,000 of them will die. Breast cancer is treated with a combination of radiation, chemotherapy and surgery. Often if surgery is needed, the lymph nodes under the arm must also be removed. This pillow helps to support the area and makes it a bit easier to relax and sleep. The Gwinnett Quilters Guild members sew and donate about 300 of these pillows every year. This photo is of some of the pillows I completed so far this year. If you would like to participate, the template and directions are attached."





### Template and directions

*Margie Kersey Rotary Club of Stone Mountain Lawrenceville Georgia USA*

#### PINK RIBBON COMFORT PILLOW

Finished Size: Approx. 6" x 14"  
depending upon how full you stuff the pillow

	108745 Ribbon Batik, Dark Pink	FQ
	108746 Love Batik, Pink	FQ
	108748 Mottled Batik, Dark Pink	FQ
	108747 Heart Batik, Pink	FQ

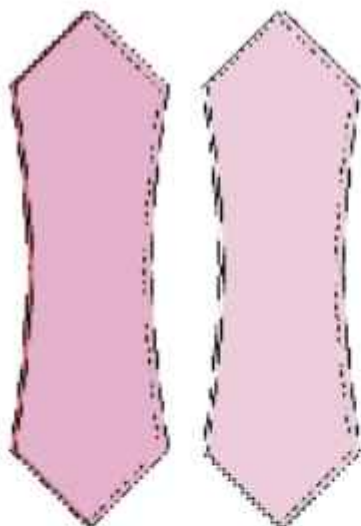
See page 2 for template. Use up to 4 different fabrics per pillow.



The ends look remarkably like quarter square triangles!

#### DIRECTIONS

1- Sew bone shapes together in sets of two.



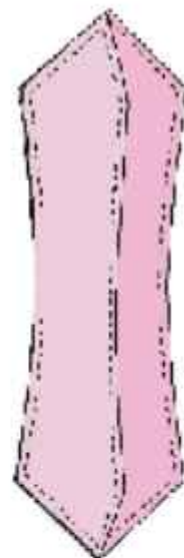
- 2- Turn one of the sets right side out.
- 3- Slip the right side out set inside of the wrong side out set.

4- Match up the cross seams at the top and bottom points of the bone shapes. Fold the seam allowances opposite each other at the intersecting point.

5- Sew the two sets together leaving an approx. 3"- 4" opening.

6- Turn right side out and stuff with polyester stuffing (I love Soft Touch Stuffing, it bounces back very well).

7- Turn the seam allowances of the opening inside of the pillow. Whip stitch the opening closed with tiny, hidden stitches. ENJOY!



**NOTE:** Please read the entire pattern carefully. Every effort has been made to ensure the accuracy of this pattern. Use a 1/4" seam allowance unless otherwise stated. Created by Debbie Beaves for *Connecting Threads* & © Copyright *Connecting Threads* ®. All rights reserved. For private, non-commercial use only. Please see our Web site for terms of use.

Pattern #991356



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## A Message From Our Chairman

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### *Cheryl Minshew, Fellowship Chairman RC of El Cajon, Alpine California USA*

Greetings! Hope everyone is enjoying this beautiful fall weather! At our last general meeting we discussed doing another Club project. We came up with a quilt with individual flower blocks that signify Peace and Love around the world. Blocks should be 12 1/2" square. Suggested flowers are: Violets, tulip, Lavender, Peace Lily, Roses, Peony, Poppy, Apple blossom, Lotus, Hyacinth, Cosmos, Orchid, Daisy, and Sunflower. There may be more as each country seems to have their own list so you may know of more. Deadline for delivery will be March 1, 2024.

They can be mailed to me, **Cheryl Minshew, P.O. Box 1446, El Cajon, CA 92022.**

We're getting ready to celebrate Thanksgiving here in the states and then, of course, Christmas is not far behind. This is a very busy time of year for all of us! Enjoy!

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## Rotary fabric

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### *Kathy Flamson Calistoga Rotary Club, Calistoga California USA*

Hope you're doing well. I purchased some fabric at the Melbourne convention. With this fabric pattern I made several things. I've attached a picture of the things I made for myself. I also made a camp shirt for my husband. (I used the black fabric - picture attached)

I also made a letterman jacket for our District Governor and wife and lined them with this year's themed fabric.





## Improv quilts

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### *Rhondada Tilbrook RC of Matilda Bay, Perth, Western Australia*

I joined the Rotarian Fellowship of Quilters and Fibre Artists at the Rotary International Convention in Melbourne.

I live in Perth Western Australia and am a member of the Rotary Club of Matilda Bay - <https://rotarymatildabay.org.au/> I'm currently the Secretary of the club. I will be going to the Convention in Singapore in 2024.

I have been quilting for about 8 years and belong to the Western Australian Quilters Association - <https://www.waquilters.com/> I meet with a group of quilters twice a month.

I have made quilts for each of my grandchildren & three "improv" quilts as per the attached photo. I like Liberty fabrics and have made several cushions and a wall hanging (photos attached)





## This and that

### *Vigdís Stefánsdóttir, Rotaryclub Reykjavík Grafarvogur, Iceland.*

I recently traveled to Lancaster in the USA, as a part of a group (The Icelandic Quilting Society). This was a trip that took a week, including lots of Amish history and some war history (the tour guide is an historian).

Of course we had to do some shopping (could have done more!) and found the prices of fabric to our liking, appr 1/3rd - half of Icelandic prices. The shop we liked most was this one, the Family Farm Quilts.

Those of us who had visited Lancaster earlier, found it to have changed a lot. However, the people had not and everyone was super nice to us!). We had the best driver in the world, nice, knowledgeable and cool!

There was also winetasting - very popular!

Overall, we were all quite happy and some are planning a trip next year.





Some of the things I have been making in the last few weeks.

This sweater is made from remnants of all kinds of yarn.



I have a little "granddaughter" in the UK. Every year I knit one sweater for her. This year her mother told me that she liked Harry Potter very much. So, I had to make a Harry Potter sweater. To send it in, I also made a little bag from Harry Potter fabric.



My youngest son's inlaws both had their 60 years birthdays this year. I got images from their kids and made this quilt for their birthday.

In the autumn I travelled to Poland with my fellow Rotarians. I had forgotten my emblem so I crocheted one and sewed it on my sweater.

