

THREADS



Rotarian Fellowship of Quilters and Fiber Artists

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Heart Pillows for Women By Sylvie Gosselin,

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I am a member of Rotary Club Sherbrooke 6410 and District 7850 since March 2017. The idea of helping women has sprung up in my mind. In June 2018, I discovered a beautiful heart pillow pattern for women who had a mastectomy.
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Pillows

With the help of the Rotary Club of Sherbrooke and about twenty women from the Phenix de la Rose des Vents, we cut, sew and prepare the stuffing of these pillows. These women are all survivors of breast cancer, or cancer.

In May 2019, at the district conference in Sherbrooke, QC Canada, 80 Rotarians, Rotaract, Ryla, women from Phenix de la Rose des Vents, etc. began to fill the pillows and finish the seam. A total of 600 heart pillows have been finalized. To date, 300 pillows have already been distributed through nurses who welcome women to be operated on for breast cancer, the CHUS-CIUSSS of Estrie Pavilion Hotel Dieu, by the Rose des Vents, also members of Phenix de la Rose des Vents and by each member of the Rotary club who knows a woman who needs it.

The demand is greater than we thought, indeed, we had planned about 400 pillows for this year. Already after 4 months, 300 are distributed.

This fall, we're starting to design more pillows for the well-being of these women who need a touch of love and care for them.

Here is the message we send them:

For you, this little heart,
will relieve your pain.

That it brings you comfort and a little sweetness.

It was created by operated women.

This cushion is born of their experience, by solidarity,

By women with a big heart, it was made.

The Phoenix of the Wind Rose,

The Rotary Club of Sherbrooke and friends, That they are thanked,

They offer it to you, accept,

It's a gift from the heart. Exchange of "woman to woman",

Yes, it's a highlight.

May he be a comfort, A link, a presence

And now allow you to "LIVE LIKE BEFORE".

Sylvie Gosselin, proud member of the Rotary Club of Sherbrooke

from Cheryl Minshew



About Us. We were chartered in 2003. We currently have members from 13 countries- USA, Canada, Australia, New Zealand, Finland, Germany, Ghana, Great Britain, South Africa, France, Ukraine, Iceland and India. Members can be Rotarians, spouses of Rotarians, Inner Wheel members or Rotaractors.

Membership is open to quilters, knitters and all forms of the fiber arts. Membership gets a quarterly emailed newsletter where members share information and tips about the various forms of fiber arts and information about Rotary sponsored or other projects which are requesting handmade goods for humanitarian needs. We have a Facebook page as well, Rotarian Fellowship Of Quilters and Fiber Artists. Our website RotariansQuilt.org has recently been updated.

At each convention our members donate handmade items which are exchanged for donations of equivalent value to the Rotary Foundation Polio Fund. We have contributed an average of \$8,000.00 US per year. This year we achieved Major Donor Status as a fellowship, with \$11,113.38 total donated directly under the fellowship's name. The Rotary Tie Quilt was given to us to auction in Honolulu.

Luggage of Love, By Lynn Raymer

<https://www.luggageoflove.us/>

Our Rotary Club had a speaker recently who has inspired a new project for our club. Karin Austin, CASA (Child Advocate for the court system) volunteer was disturbed to see children putting their few belongs into a black garbage bag when they were taken from unsafe homes and moved to foster care. Often, they would have little or nothing to take with them.

Karin began working to see that each child picked up was given a duffel bag partially filled with a blanket, pillow and pillowcase as well as hygiene items and a few other comfort items. So if the child needed to be moved from one foster home to another, they could have luggage and bed items.

Over the next few years, she has turned it into a full-fledged registered charity and has expanded into surrounding communities, including our own. It is our goal to prepare bags, handmade pillowcases and blankets and gather the other items needed for these children here.

We are starting with a core committee of one foster child, now an adult member of Rotary, and two former foster Moms.

I asked Karen about expanding in other areas, and she is open to sharing information with groups that are able to be a 'chapter' in other areas. Contact Karin through <https://www.luggageoflove.us/>



From Helena Daniels



PEACOCK TUTU TUTORIAL

by Shwin&Shwin for *Andrea's Notebook*



Supplies:

- Royal Blue Tulle Spool
- Teal Tulle Spool
- Lime Green Tulle Spool
- Brown Tulle Spool
- Brown, green, blue and navy felt. Or buy an assorted pack of felt.
- 3/4" non-roll elastic for the waistband
- Ribbon of any color coordinating with tutu. 1/2" is best.

1. Make a tutu . I used THIS tutorial for mine. I only put the tulle in the back of the band leaving the front empty. I did brown and tan on the sides and then it faded to blue and green in the middle. I did this to closely mimic the peacock feathers.

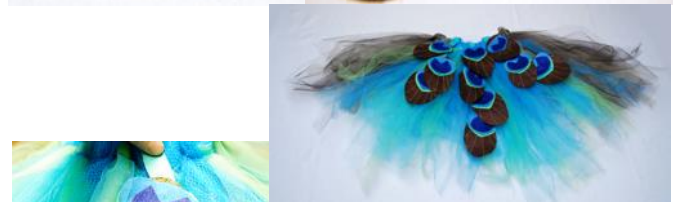
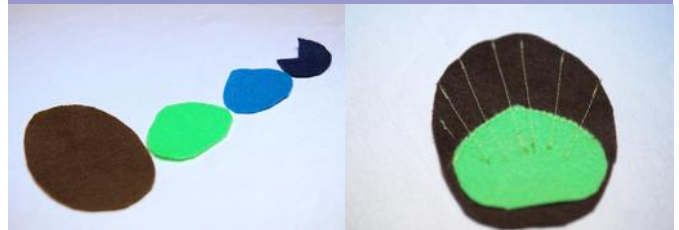
2. Make some feathers for the back. I started by cutting out the base of the feather in brown felt and then I cut out the shapes for the "eye" looking part of the feather. I used lime green, teal and royal blue felt for the pieces.

3. Stitch the feathers. Sew the green piece to the brown piece by sewing around the edge, and then sewing lines outward for detail on the feather.

4. Glue the blue pieces on the feather. Use your glue gun to glue the two blue pieces on to the feather. Alternatively, use fabric glue.

5. Tack the feathers scattered on a ribbon.

6. Sew the ribbons to the back of the skirt on the elastic.



The Natural History Museum of The Adirondacks

We used to volunteer at the Wild Center and stopped by on a recent visit to Saranac Lake. On display were paintings, crafts and some beautiful quill, bead and special occasions outfit. This is a typical wedding dress and some of the beautiful stitching. From Esther Arlan



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Share ideas on facebook at Rotarian Fellowship of Quilters and Fiber Artists. Or send ideas for articles to:

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<https://www.visitlongbeachpeninsula.com/event/columbia-pacific-fiber-festival/>
Columbia Pacific Fiber Festival in Long Beach WA
USA November 9-10 2019

Celebrating the 21st in the Elm Creek Quilts series by Jennifer Chiaverini. The Christmas Boutique

19th
**Tokyo International
Great Quilt Festival 2020**
— Fabric, Needles and Thread Exhibition —

Quilt

Jan.23(thu) -29(wed) 2020 at Tokyo Dome

9:30~18:00 Opens at 11:00 on first day and Closes at 17:00 on final day
(Admission ends 30 minutes prior to closing)